

Mayor's Council on African American Elders

C/O – Aging and Disability Services, Seattle-King County
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Meeting Summary

Tuesday, September 18, 2012

Central Area Senior Center

Members Present – Kameka Brown, Chair, Cynthia Andrews, Michael Lusk

Guest: George Dicks (Former MCAAE member); Marti Lindeman, Margaret Boddie, AAEP, Mattie Taplin, Senior Services

Staff – Amy Holland, Maureen Linehan, Suni Tolton, Karen Winston

I. African American Elders Program (AAEP) Review

Amy Holland began by providing an overview of the AAEP. See attached handout. The following questions were asked by members and guests:

1) Are clients dual eligible?

Most AAEP clients are on Medicare and very few are on Medicaid. Some may be dually eligible for these programs. AAEP does not receive funding from either of these sources.

2) When are clients eligible for State services? What happens to clients when they are eligible for Medicaid/COPES?

Clients may decide to apply to apply for Medicaid Long Term Care services through DSHS Home & Community Services (HCS) because they need additional support services such as in home care, home delivered meals, or medical equipment to remain in their own homes. HCS determines if an individual meets financial and functional eligibility requirements for the COPES or Medicaid Personal Care programs. Once an individual becomes a Long Term Care client, their case with AAEP is closed. After services have been initiated by HCS, the case is transferred to Aging & Disability Services for ongoing case management.

3) If cases are supposed to be open for six months, why does the program want to keep them open longer?

The contract language states that services should be provided for up to six months and may be continued past that point to address unstable service plan issues. AAEP's position is that service plans rarely remain stable. Clients cannot afford to pay for services, so the plan is built around finding volunteers, counseling with family to take responsibility, and connecting to other community resources. AAEP has assumed that some cases are stable with families providing care, but without follow up the family members may stop providing the service without AAEP's knowledge. A number of clients are 90 years old with adult

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children in their 70s who have their own health issues as caregivers. Others have families who cannot be relied on to provide sufficient care. This is why AAEP asks the question, how do you determine stable? The cultural makeup of these clients has to be considered.

4) Can you develop a flow chart of the client process – from the beginning to the end?

See attached flow chart.

5) How does this model fit into the continuum of care, including managed care?

AAEP currently provides culturally relevant services within the aging network in King County. As the landscape continues to change due to health care reform and managed care, we must plan for how AAEP will fit into this newly evolving structure. ADS sees AAEP as potentially having a role in providing Chronic Care Management services, Care Transitions support, and/or as a provider of case management support under managed care.

6) What are the main diagnoses for clients entering the program?

Alzheimer's Disease, or Dementia, Diabetes, Heart Disease, Stroke, Cancer, Osteoarthritis, Multiple Chronic Diseases

7) Can we see what's in the existing contract?

See attached contract. See page 8 for service description.

Business Meeting

I. Governance

MCAAE By-laws –Michael asked Karen to include a description of what she does to facilitate the appointment/re-appointment process for inclusion in the bylaws. So far, their process has included:

- a) Identify people interested in being considered for appointment.
- b) Meet with them to conduct "soft" interviews.
- c) Extend an invitation to a monthly meeting.

Membership Recruitment – Kameka and Michael reported they have met with five individuals interested in being appointed to the MCAAE. They also reported that the Human Services Department has identified five people who interested as well. They would like the interviews to be scheduled in the evening, after 5:00 p.m.

The meeting was adjourned at 6:45 p.m.

AAEP Process Flow Chart

